

QUIET
DISRUPTORS

Creating Change Without Shouting

SUE HEATHERINGTON

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Published by:

Waterside Voices,
(part of *The Waterside (Swansea) Ltd*)
Ty Blaenant Ddu,
Felindre, Swansea,
SA5 7ND UK

watersidevoices.com

Typesetting: Steve Heatherington

Cover Design: Katia Lord, Design Mind Studio

Cover photo: Sue Heatherington

ISBN-13: 979 8 59151 440 2

Resources

Key

W: website address

B: book title

POD: podcast title

TED: if they have a TED talk/s

On Being: if they have participated in an episode of On Being

(): chapters where they are mentioned

ASKINOSIE Shawn

Ex lawyer, bean-to-bar chocolate maker with a justice mission

W: askinosie.com

B: *Meaningful Work*

TED

(9, 18)

BANKSY

Anonymous street artist, political activist, film director

W: walledoffhotel.com

(3, 10, 13)

BERGER Warren

Author, speaker, questionologist

W: warrenberger.com

W: amorebeautifulquestion.com

B: *A More Beautiful Question*

(5)

BLOCK Peter

Writer, community builder, consultant

W: peterblock.com

B: *The Answer to How is Yes: Acting on What Matters*

(20)

BROWN Brené

Author, research professor, speaker, courage builder

W: brenebrown.com

B: *Dare to Lead: brave work, tough conversations, whole hearts*

B: *Braving the Wilderness*

B: *Rising Strongly*

B: *Daring Greatly*

POD: *Unlocking Us*

TED

On Being

(3, 12, 13)

BUFFETT Warren

Investor, business magnate, philanthropist

W: berkshirehathaway.com

(7)

CAIN Susan

Author, speaker, founder of *Quiet Revolution*

W: quietrev.com

B: *Quiet: the power of introverts in a world that can't stop talking*

TED

(1, 3, 13, 19)

CHRISTENSEN Clayton

Business management thinker, academic

W: claytonchristensen.com

W: christenseninstitute.org

B: *The Innovator's Dilemma*

(3)

CLACHER Rachel

Artist, entrepreneur, activist, co-founder of *Moneyppenny*

W: moneyppenny.com

W: wemindthegap.org.uk

(14)

CORBETT Sarah

Gentle Protest Activist, founder of *Craftivist Collective*

W: craftivist-collective.com

B: *How to be a Craftivist*

TED
(10)

DOORNBOS Amos

Digital transformation strategist in humanitarian aid

W: thisisamos.com

POD: *Courageous Change for Change Makers*

(14)

ELIOT T S

Poet, playwright, essayist and publisher

B: *Four Quartets*

B: *The Complete Poems and Plays of T S Eliot*

(Welcome, 1)

FRIED Jason

Co-founder of *Basecamp*

W: basecamp.com

B: *It doesn't have to be crazy at work*

TED

(12)

GARWANDE Atul

Surgeon, writer, public health innovator

W: atulgawande.com

B: *The Checklist Manifesto*

TED

On Being

(5)

GATES Bill

Technologist, co-founder of *Microsoft*, philanthropist

W: gatesfoundation.org

W: gatesnotes.com

TED

(6)

GINO Francesca

Business academic, writer, speaker

W: francescagino.com

B: *Rebel Talent*

(4)

GODIN Seth

Author, entrepreneur, teacher and provocateur

W: sethgodin.com

W: seths.blog

W: akimbo.com

W: thecreativesworkshop.com

B: *Tribes*

B: *Graceful*

B: *It's Your Turn*

B: *This is Marketing*

B: *The Practice*

POD: Akimbo

TED

On Being

(1, 3, 4, 6, 17, 19)

GRANT Adam

Organisational psychologist, academic, writer, speaker

W: adamgrant.net

B: *Originals: How Nonconformists Changed the World*

B: *Give and Take*

B: *Think Again*

POD: Work Life

TED

On Being

(9)

HAMEL Gary

Business thinker, author, speaker, academic

W: garyhamel.com

B: *Humanocracy: Creating Organisations as Amazing as the People Inside Them*, with Michele Zanini

(12)

HEINEMEIER HANSSON David

Co-founder of *Basecamp*

W: basecamp.com

B: *It doesn't have to be crazy at work*

(12)

HERMAN Amy E

Lawyer and art historian, founder *The Art of Perception*

W: artfulperception.com

W: visualintelligencebook.com

B: *Visual Intelligence*

(7)

HEUGH Gideon

Poet, copywriter for *TearFund*

W: gideonheugh.com

B: *Devastating Beauty*

(11)

HEATT David & Clare

Co-founders of *The Hiut Denim Company* and *The Do Lectures*, author, speaker, encouragers

W: hiutdenim.co.uk

W: thedolectures.com

B: *Do Purpose*

B: *The Path of a Doer*

B: *Stay Curious*

(3, 17, 18)

HOLT Leslie

Mixed media artist, founder of *NeuroBlooms*

W: leslieholt.net

W: neuroblooms.com

(10)

HOWARTH Catherine

Activist, CEO of ShareAction

W: shareaction.org

(13)

JIWA Bernadette

Author, business storyteller and creator of the *Story Skills Workshop*

W: thestoryoftelling.com

W: therightcompany.co

W: akimbo.com/thestoryskillsworkshop

B: *Hunch*

B: *Story Driven*

B: *The Right Story*
B: *What Great Storytellers Know*
TED
(Welcome, 14, 17, 18)

JIWA Moyez

GP, medical educator, healthcare innovator, behavioural design
W: theartofdoctoring.com
W: journalofhealthdesign.com
POD: The Health Design Podcast
TED
(3, 9, 14)

KLIEN Gary

Cognitive psychologist, writer, research on insights
W: gary-klien.com
B: *Seeing what others don't*
TED
(6)

MARSHALL Steve

Writer, photographer, organisational consulting, exec development
W: drstevemarshall.com
(6)

MCKEOWN Greg

Author, speaker, social innovator
W: gregmckeown.com
B: *Essentialism: The Disciplined Pursuit of Less*
POD: What's Essential
(3, 19)

MEADE Alexa

Visual artist, 3D as 2D installations
W: alexameade.com
TED
(10)

MYCOSKIE Blake

Entrepreneur, activist, philanthropist, founder of TOMS

W: blakemycoskie.com

W: toms.com

(8)

NOVOGRATZ Jacqueline

Founder and CEO of the *Acumen Fund*, author

W: acumen.org

B: *Manifesto for a Moral Revolution*

TED

On Being

(14)

O'DONOHUE John

Poet, philosopher, writer

W: johnodonohue.com

B: *Benedictus: a Book of Blessings*

B: *Anam Cara*

B: *Walking on the Pastures of Wonder*, with John Quinn

On Being

(20)

PALMER Parker

Poet, writer, teacher, activist

W: newcomerpalmer.com

On Being

(11)

PARKS Rosa

Her actions in standing up to racism, triggered the Montgomery Bus Boycott, which propelled the Civil Rights Movement in the USA in the 1950's and 1960's

(1)

REMEN Rachel Naomi

Physician, medical educator, writer

W: rachelremen.com

On Being

(6, 15)

ROBINSON Roger

Poet, writer, educator, civic citizenship

W: rogerrobinsononline.com

B: *A Portable Paradise*
On Being
(11)

ROWLAND Deborah

Organisational change consultant, writer, speaker
W: deborahrowland.com
W: still-moving.com
B: *Still Moving: How to Lead Mindful Change*
(15)

SINEK Simon

Writer, speaker, leadership expert
W: simonsinek.com
B: *Start With Why*
B: *Leaders Eat Last*
B: *The Infinite Game*
POD: A Bit of Optimism
TED
(4, 5, 13, 18)

THIMBLEBY Harold

Computer scientist, digital health, writer, academic
W: harold.thimbleby.net
B: *Fix IT: How to solve the problems of digital healthcare*
(7, 14)

THIMBLEBY Prue

Artist, storyteller, healthcare
W: pruethimbleby.net
W: artsinhealth.wales
(11)

TIPPETT Krista

Founder and CEO of *The On Being Project*, writer, broadcaster
W: onbeing.org
B: *Becoming Wise*
TED
On Being
(5, 14)

WHYTE David

Poet, writer, speaker

W: davidwhyte.com

B: *Essentials*

B: *Consolations: the Solace, Nourishment and Underlying Meaning of Everyday Words*

TED

On Being

(11)

Resources directly connected with Quiet Disruptors

W: quietdisruptors.com — where you will find versions of *The Manifesto for Quiet Disruptors* in a number of languages, plus other resources

W: sueheatherington.com

W: thewaterside.co.uk

Acknowledgements

‘It takes a village to raise a child’ but I also know it takes a whole community to produce a book!

And I am so grateful.

Thank you to my travelling companions from *the* Right Company, Linden Church Swansea, the first cohort of *The Creative’s Workshop*, and friends from elsewhere. You are a part of me in ways I could not have previously imagined.

In particular I have appreciated the practical support and cheering on from Katia Lord, Alison Coates, Lina Yang, Brandon Berry, James Geier, Jennifer Hole, Ruth Dent, Amos Doornbos, Tracy Ingham, Bernadette Jiwa, Chris Matthews, Arlette Manasseh, Alastair Duncan, Em Boucher, Mo Baldwin, Alan and Wanda Woodward, Alison Jones, Brian Peltier, Jan Russell and Lyn King. And special thanks to Jim and Wendy McConnell who started sending me the cost of a packet of pencils to encourage me to keep on writing—over two years ago.

None of this would have happened without my life companion and best friend, Steve. Without his technical wizardry this book simply would not have seen the light of day.

Diolch yn fawr iawn i bawb—that’s Welsh for thanks very much everyone

About the Author



Sue Heatherington has walked a different path for as long as she can remember. Often ahead of her time, noticing what's emerging, and encouraging those who are working at the edge.

Her background is unusually broad, reflecting her ease at crossing boundaries, from rural development research, through planning, marketing and business management to a decade as a pioneering chief executive in the UK National Health Service.

Leaving the NHS in 2009, Sue trained as a professional coach and worked as a consultant and facilitator with senior teams and emerging leaders across a range of industries. She is now a writer, catalyst and thinking partner for people and teams creating change that matters.

Originally from a farm in Kent, England, Sue and her husband Steve run *The Waterside*, a 40-acre valley in South West Wales. It is also home to Jules, Sue's learning disabled brother, and their herd of alpacas.